

## **What to expect as a new coach...**

All New Coaches will need to participate in a Coach Basics Training.

Coach Basics will help new Coaches learn the fundamentals of being a successful Team Beachbody Coach. It provides lessons and exercises to master the 4 Vital Behaviors. The training is held via private Facebook Group. You will need to check in once a day, read the post and do the action item.

Remember, it is up to YOU to choose to APPLY that knowledge in your own business! If you believe YOU have what it takes and are looking for something that both challenges you as a leader, while at the same time gives you the ability to change lives and create the life of your dreams... Then let's get started!

I hope you are ready to join our Team!

***#1 Goal: Help 3-5 People a month!***